

6 Tips for Learning with AI

AI can help you understand new ideas, explore topics, and practice skills. Your own thinking and creativity are still the most important part of learning.

1

Let it help, not finish - AI can explain concepts, give examples, or help you get started, but it's important to do your own work.



Ask questions

If you don't understand something, ask AI to explain it in a different way.

2



Start a family conversation:

- How could AI help you learn something new without doing the work for you?
- How can you check if you're not sure whether an AI answer is correct?
- When would it be better to ask a teacher, parent, or another trusted person instead of AI?

3

Check the facts

AI can make mistakes. Always double-check with trusted sources or your teacher.



Think critically

Think about the answer. Just because AI sounds confident doesn't mean it's always right.

5

5

Use your own ideas - Add your thoughts, creativity, and opinions instead of copying AI's responses.



Keep learning with real people

The best information still comes from a teacher, parent, mentor, or classmate.

6



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