

6 Tips for Strong Passwords

Strong security is one of the easiest ways to protect your accounts and personal information.

1

Use a passphrase

Create a password using random words that are easy for you to remember but hard to guess, like GoodDog!SkipsUp7 (don't use this!)



Make every password different

Use a unique password each time. If one account is hacked, your others stay safer.

2



Start a family conversation:

- Why is it important to use a different password for each account?
- What could happen if someone guesses your password?
- What kind of words or information should we avoid using in passwords?

3

Use long, strong passwords

The longer your password is, the harder it is to crack. Mix letters, numbers, and symbols or spaces, like mQ8!vR2#Lp7@X4\$Nw9&Ka5>Ht1



Turn on MFA

Multi factor authentication (MFA), like a code sent to your phone or face ID, adds extra security.

4

5

Choose unexpected words

Don't use personal info – name, birthday, pet's name, or school. If others can easily find it they may be able to guess your password.



Use a password manager

A password manager remembers your passwords for you, so each account can have its own strong, unique password stored safely.

6

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